



BOYLE STREET 40
FUNDRAISING
CHALLENGE

GET MOVING - GET CREATIVE - GET OUTSIDE THE BOX

Get Moving

Ready, Set, Go! Get active for BS40! We are so excited to see what you can do. Here is a guide to help you get started, set goals and start sweating towards our goal of \$40,000!

How do you get moving?

Do you walk, bike or run? Maybe you have a team sport; street hockey, volleyball or ultimate frisbee! What about yoga, or a dance marathon? You can turn any physical activity into a fun way to participate in the Boyle Street 40 Fundraising Challenge.

What is your challenge?

It's important to choose a goal that isn't too easy or too hard – something that will challenge you in a fun way! What works best for the way you plan to get moving?

- Bike 40 km
- Walk 40,000 steps
- Dance for 4 hours
- Do 4 hikes
- Play 4 baseball games and let your friends make bets on who will win!

Whatever you choose, this is a great opportunity to get active with your friends, family, and community!

Teamwork makes the dream work

Don't forget to involve your team! The BS40 is all about community and supporting one another. If you are participating solo, you have the entire BS40 team here to support you, cheer you on and answer any questions!

When will you complete your challenge?

You have until June 18th to complete your challenge. Whether you do a 5k that day or spread your activity over a series of days or weeks is totally up to you!

Tell everyone WHY!

Remember it's not what you're doing, it's why you're doing it. All the money raised will go directly to supporting our 40+ programs and services. We have a great guide to help you let people know why you care right [here](#).

Are you ready to sign up? [Your BS40 Page is waiting for you right here!](#)

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Boyle Street Community Services is the trade name of The Boyle Street Service Society, an Alberta society and a registered charity



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